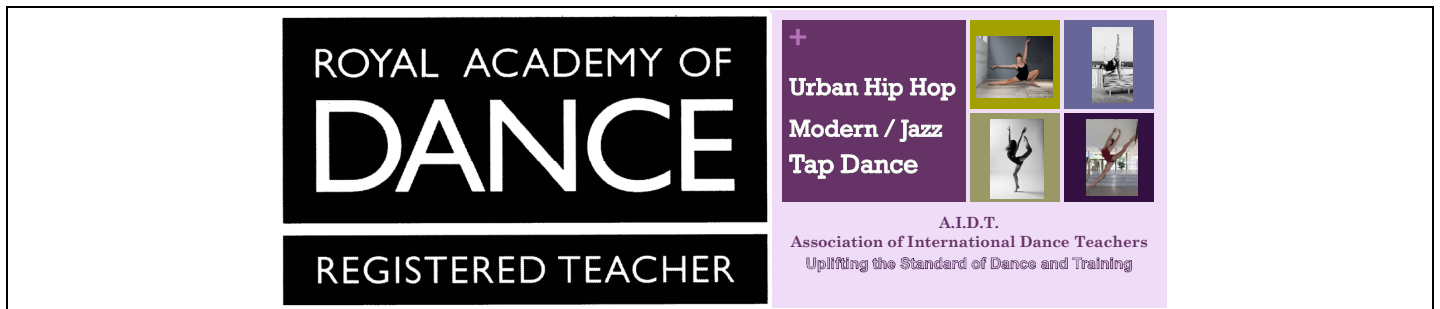


Riëtte's Dance and Fitness Studio



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2018

Dear Parents and Dancers – Welcome to our Dance Studio.

We trust that you and your child will enjoy dancing with us in the time to come.

The following information is to assist in what you need to know about our studio...

1. AIMS OF OUR STUDIO

We are committed to teach students to enjoy dance through proper technique.

We are passionate about proper Alignment and Placement of the body in all forms of dance.

We love to teach students to work toward and accomplish the goal of dancing with their bodies and their hearts.

We believe that dance gives you the strength, confidence and poise to handle any situation.

We value knowledge, understanding and practice of dance internationally by educating and training students and by providing examinations to reward achievements.

2. ENROLMENT

All Dancers - whether returning or new - are required to fill out an Enrolment Form each year to ensure details are up to date. Without this form, we cannot accept a dancer into any class. Please ensure that ALL details are clear and correct and that the forms are signed.

3. COMMUNICATION

We will make every effort to respond within 48 hours and we will never leave a query unanswered. For your convenience, our primary means of communication is via email and or SMS. You will receive your important information via email so please ensure you have provided the studio with an up-to-date email address that is regularly checked. Please remember that we do not have office staff, therefore we can only read emails when we are not teaching.

4. THE STUDIO

We teach from Twinkle Toes to Advanced Level and training takes place during scheduled classes during the week.

Before Exams, Eisteddfod, Additional Performances, Competition and Shows extra classes are required closer to dance events, which will take place on Saturdays but will be advised in advance.

The Studio currently has various activities / events that take place throughout the year for which dancers may / need to enter for.

These different activities / events that the dancer can or may enter for are based on the year planning, Age requirement and the dancer's ability. Dancers are entered at the teacher's discretion.

5. CLASSES

BALLET: Royal Academy of Dance Syllabus is taught from Pre-Primary to Advanced. The RAD is one of the world's most influential dance education organisations. Our exams set standards in classical ballet and we are a global leader in Continuing Professional Development for dance.

Founded in 1920 to set standards for dance teaching within the UK, today we have a presence in 85 countries, with 36 offices and about 14,000 members worldwide. We count more than 1,000 students in our teacher training programmes and more than a quarter of a million students are being examined on our syllabi. We support our membership through the knowledge, and expertise of our highly qualified staff and through conferences, workshops, training courses and summer schools.

Ballet is the most important genre because it is the basis of most other genres and it is where all technique comes from. Without ballet, all movements in most other styles of dance would never be performed properly, and this is something all dancers must realize. For example, if a dancer wants to be the best jazz dancer, they must also take ballet.

Ballet is linear; emphasizing form, extension, and lightness in the body, which comes in handy for jazz, modern, contemporary, and even hip-hop. This might come as a surprise to many people who do hip-hop because they feel that the structure of ballet does not allow the dancer to relax. That is very false because knowing the opposing techniques as a dancer gives one more knowledge of their body and movement quality, overall making that dancer more versatile.

MODERN AND HIP HOP: Aims of the A.I.D.T.

The A.I.D.T. is an examining body whose aim is to promote the teaching and standard of Modern and Hip Hop dancing. A comprehensive syllabus in all sections enables students from the age of 5 (five) years upwards, to learn the correct technique, develop discipline and musicality while enjoying the dancing experience. Careful attention is given to anatomy, as used in dance, to avoid injury through incorrect use.

Pre Grade children learn about a simple subject to which they can easily relate, regardless of language, using simple basic technique. This develops discipline, musicality, enjoyment, and is usually danced in a small group.

Older children learn through a carefully developed syllabus, moving through several grades, each employing more technique, and encouraging a basic knowledge of anatomy pertaining to the work, as well as musicality and presentation.

During examinations, examiners note any potentially good dancers who are eligible to receive a Bursary from the Association. This enables them to further their studies.

6. LATE ARRIVAL

Wees betyds vir klasse. Probeer om asb. 10 minute voor klas begin by die ateljee te wees.

Wanneer 'n leerling 15 minute laat is, het hy/sy belangrike aankondigings gemis en is dan nie ordentlik opgewarm nie, wat kan lei tot beserings.

Be on time for classes. Please arrive at least 10 minutes before the class begins so that your child is ready to start their class on time. If students are late for class, they may miss important information and impede the learning of others.

Late arrival also puts students at risk of injury if they miss the warm-up.

7. GENERAL

1. Twinkle Toes en Tiny Tots - Daar sal net 'n ouer dag wees aan die einde van die 2de Kwartaal en dan weer aan die einde van die 4de Kwartaal.
Twinkle Toes and Tiny Tots – Parents day will be restricted to end of 2nd Term & 4th Term.
2. Korrek aangetrek.
Being dressed correctly. i.e. Leotard, Tights and dance shoes.
3. Merk klere asb. Stel voor u skaf 'n dans sakkie aan.
Please mark all clothes. We suggest you have a Dance Bag.
4. Asseblief laat ons weet as die leerling nie klas kan bywoon nie vir watter rede ookal.
Letting us know in advance if student will be absent for any reason.
5. Waar moontlik, moet studente probeer arriveer met hul uniforms- of dansdrag aan. Trek dan net 'n kortbroek/rompie of sweetpak bo-oor.
Where possible, students should try to arrive already wearing their uniform or dance wear. Put something over your leotard like a short/skirt/or tracksuit pants.
6. Hare moet vasgemaak wees en uit die gesig wees. Bolla vir Ballet.
Hair up off the neck – buns for ballet, for shorter hair – pulled back from the face with a headband or hairclips.
7. Onthou asseblief om nie op 'n Sondag te bel nie. Ons het nie kantoor ure nie, maar 12:45 - 13:45 Maandae tot Vrydae is ons nie beskikbaar nie.

Please refrain from phoning on a Sunday. We do not have office hours, but we are unavailable from 12:45 - 13:45 Mondays - Fridays.

8. Doen moeite om 'n klas wat gemis was in te haal (Vanaf Graad 1 Ballet – nie kleiner nie).
Try your best to find out from your fellow dancers what you missed if you missed a class. (Only from Grade 1 Ballet & onwards)
9. Selfoon moet af wees tydens klasse. Ons neem geen verantwoordelikheid vir 'n verlore selfoon of, wat kinders daarop kyk terwyl vir hul ouers gewag word nie.
Cell phones must be off during classes. We take no responsibility for lost cell phones or what children watch on their cell phones while waiting for their parents.
10. Nie te leun of hang aan die 'barres' nie en nie die mure vuil trap nie.
Never hang or lean on the barres and do not tramp the walls.
11. Betalings – Indien jy kontant betaal, maak seker dat jy 'n kwitansie ontvang het. Moet asb. nie in winkels of enige plek in die dorp betalings maak nie want ek het nie my kwitansieboek by my nie.
Payments – If you prefer paying cash, make sure that you have received your receipt. Please do not pay me in town where I do not have my receipt book.
12. Betaal asb. tussen klasse en nie tydens klasse nie. Hou die tye dop.
Please pay inbetween classes, not during a class! Look at the timetable .
13. NO EATING IN THE STUDIO, Only Water Bottles are permitted. (Nothing for ½ hour classes)
GEEN KOS OF LEKKERS WORD IN DIE ATELJEE TOEGELAAT NIE. Allenlik 'n Botteljie water (niks vir ½ uur klasse nie)
14. Geen klasse mag onderbreek word deur ouers en vriende nie, tensy dit noodlottig is. Ouers moet asb. buite die atjee of in hul kar wag. Hou asseblef die ingang oop.
No classes are to be disturbed unless it is an emergency. Parents are not to approach teachers or students during class. All parents are to wait outside or in their vehicle without blocking the entrance to the studio until classes have been dismissed. (Entrance being the gate and the stairs). **Parking is not permitted** in the driveway.
15. We are unable to take responsibility for our students before or after their scheduled classes and it is the responsibility of the parent to ensure their child is picked up and dropped off on time. In the case of an emergency or unavoidable delay, please contact the studio immediately to inform us of the situation so we can keep your child calm and safe until they can be collected. (We are not a Daycare Centre)
Ons is nie verantwoordelik vir ons studente voor of na hul geskeduleerde klasse nie. Dit is die verantwoordelikheid van die ouer om te verseker dat hul kind opgetel word op die regte tyd. In geval van 'n noodgeval skakel ons gerus sodat ons die kind kalm en veilig kan hou totdat hy/sy gehaal word. (Ons is nie 'n Dagsorg nie)
16. Physical, mental, emotional or cyber bullying by parents or students will not be tolerated and may result in dismissal from the studio.
Fisiese, geestelike, emosionele of kuberbullebakery deur ouers of studente sal nie geduld word nie en kan tot ontslag uit die ateljee lei.
17. Riëtte's Dance studio takes no responsibility for any stolen or misplaced property on the studio premises and we encourage our families to avoid bringing valuable items into the studio where possible.
Riëtte se Dans Ateljee neem geen verantwoordelikheid vir enige gesteelde of misplaasde eiendom op die atjeeperseel nie. Ons versoek ons gesinne om waar moontlik, nie waardevolle items na die ateljee te bring nie.
18. When a learner takes Ballet, Modern is not compulsory. When a learner wants to take Modern, Ballet is preferred for at least the first few years as Ballet is complimentary to Modern.
19. The Studio Gate is closed when there are no classes. While classes are in progress, the studio gate is open.
20. Students who feel ill, have a cold, flu or fever, or are showing "contagious" symptoms should notify us and stay home to rest.

Behind
every good
DANCER
is a devoted
PARENT!